



2025 Maternal Child Health Nursing Conference

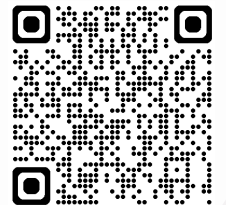
Informative, Innovative, Impactful

Tuesday September 9, 2025
8:00am - 4:00pm

In-Person Conference
Concordia Spectrum Campus
16355 Laguna Canyon Road
Irvine, CA 92618

Register At
hoag.cloud-cme.com/2025MCH

Contact Hours
7



Provider approved by the California Board of Registered Nursing, Provider Number 17163, for 7 contact hours.

hoag.



Conference

Overview

A Hoag conference centered around providing information to improve the quality of care of the Maternal Child Health population. The conference will explore topics in patient safety, obstetrical care and trends, postpartum care, and neonatal focused information.



Venue

This one-day in-person conference will be hosted at

Concordia Spectrum Campus
16355 Laguna Canyon Road
Irvine, CA 92618

The Concordia Spectrum Campus is a short walk from Hoag's Irvine Campus.

Please park in any available space that is not otherwise marked. A parking structure nearby is also available.

There will be a sign-in area when walking in and signage directing attendees towards the conference.

CEU Accreditation

This conference has been approved by the California Board of Registered Nursing, with provider number 17163, for a total of 7 Contact Hours of continuing education credit for registered nurses.

Program

Objectives

Anticipate, recognize, and respond to potential maternal complications by applying evidence-based forecasting tools and patient safety strategies in obstetric care, thereby reducing preventable morbidity and mortality and improving outcomes for mothers and newborns.

Presented by Courtney Martin, DO, MHA, FACOG

Summarize current data on the prevalence and impact of opioid use disorder in pregnant patients and newborns within their clinical population.

Presented by David Kim, MD

Identify, support, and advocate for families affected by perinatal substance use through trauma-informed, family-centered care practices that promote maternal health, infant safety, and community resource engagement.

Presented by Sara Marchese, MD, MBA & Kristen Stits, JD, MSW

Explain the rationale, evidence, and communication strategies for Vitamin K administration, Group B Streptococcus (GBS) prophylaxis, and newborn glucose monitoring, enabling them to guide parents with clarity and compassion.

Presented by Jane Shay, MD, MSc

Recognize, manage, and prevent complications from hypertensive disorders of pregnancy through evidence-based, culturally responsive care that addresses disparities and promotes equitable maternal health outcomes.

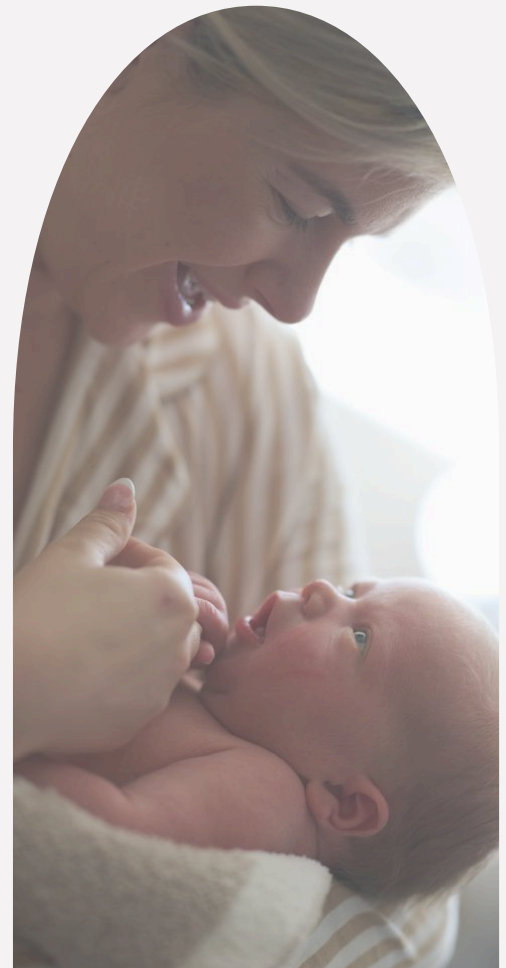
Presented by Christa Sakowski, MSN, RN, C-ONQS, C-EFM, CLE

Understand the patient experience by reflecting on the personal journey of a nurse-turned-patient, fostering empathy, communication, and patient-centered care practices that improve safety, trust, and overall care quality.

Presented by Jenna Cooke, FNP-C & Hannah Hadobas, MSN, RN, RNC-OB & Ingrid Torres Lazo, BSN, RN, RNC-OB

Analyze the evidence supporting continuous labor support as a low-risk, high-impact intervention for improving birth outcomes, including vaginal delivery rates, patient satisfaction, and reduced trauma.

Presented by Sarah Lavonne Miller, BSN, RN, PHN, RNC-OB, ICCE, CLEC



Program

Presenters



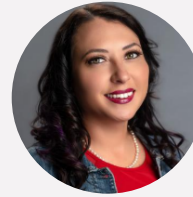
Allyson Brooks, MD, FACOG
Executive Medical Director &
Ginny Ueberroth Endowed
Chair
Hoag Women's Health
Institute



Mallory Munroe, CNM, MSN
Midwife
OC Womens Medical Group



Jenna Cooke, FNP-C
Nurse Practitioner
Hoag Medical Group



**Christa Sakowski, MSN, RN,
C-ONQS, C-EFM, CLE**
Clinical Lead
California Maternal Quality
Care Collaborative



**Hannah Hadobas, MSN, RN,
RNC-OB**
Clinical Nurse IV
Hoag Labor & Delivery



Jane Shay, MD, MSc
Neonatologist
Hoag Associate Medical
Director



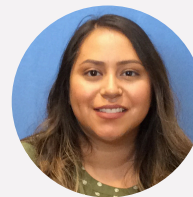
David Kim, MD
Hoag Neonatologist



Kristen Stits, JD, MSW
Program Manager
OCSSA Child Abuse and
Adult Protective Services
Hotline



Sara Marchese, MD, MBA
Senior Medical Director
County of Orange Social
Services Agency



**Ingrid Torres Lazo, BSN, RN,
RNC-OB**
Clinical Nurse II
Hoag Labor & Delivery



**Courtney Martin, DO, MHA,
FACOG**
Hoag Obstetrician/
Gynecologist
Quality Improvement
Maternal-Child Health

Keynote Speaker



**Sarah Lavonne Miller,
BSN, RN, PHN,
RNC-OB, ICCE, CLEC**

**FOUNDER & CEO OF BUNDLE BIRTH, A
NURSING CORPORATION**

Sarah Lavonne is the founder and CEO of Bundle Birth, A Nursing Corporation, where she leads a movement to transform labor and birth education and experiences. With a vision to unite patients, support persons, and medical professionals, Sarah advocates for a physiology-first, humane approach to birth that fosters positive, non-traumatic experiences.

A seasoned nurse and educator, Sarah has trained thousands of labor and delivery nurses and families worldwide through online classes, mentorship programs, retreats, her signature Motion app, and workshops. Her mission is to inspire nurses to deliver exceptional, patient-centered care and to become game changers in obstetrics.

Sarah's experience spans roles from floor nurse to childbirth educator and manager to now birth coach and professional educator, equipping her with a deep understanding and broad perspective of the birth industry. Her most rewarding work is seeing families and nurses grow from uncertainty to confidence, ultimately shaping the future of our world through birth.

Outside of work, Sarah can be found traveling, enjoying live music, practicing Pilates, and cherishing time with friends and family.

Conference

Agenda

- 7:30–8:00 AM **Registration and Light Breakfast**
- 8:00–8:10 AM **Welcome and Program Introduction**
Allyson Brooks, MD, FACOG
- 8:10–08:30 AM **Focused Movement**
Mallory Munroe, CNM
- 8:30–9:25 AM **Maternal Forecast/Patient Safety**
Courtney Martin, DO, MHA, FACOG
- 9:25–10:10 AM **Neonatal Abstinence Syndrome (NAS), now Neonatal Opioid Withdrawal Syndrome (NOWS)**
David Kim, MD
- 10:10–10:30 AM **Break & Exhibits**
- 10:35–11:25 AM **Orange County Family Wellness Initiative–Supporting Families Affected by Perinatal Substance Use**
Sara Marchese, MD, MBA
Kristen Stits, JD, MSW
- 11:25 AM–12:15 PM **Tiny Decisions, Lifelong Impact: Addressing Vitamin K, GBS Prophylaxis, and Newborn Glucose Monitoring with Clarity and Compassion**
Jane Shay, MD, MSc
- 12:15–1:00 PM **Lunch & Exhibits**

- 1:00–1:50 PM **Hypertensive Disorders of Pregnancy w/ an Equity Lens**
Christa Sakowski, MSN, RN, C-ONQS, C-EFM, CLE
- 1:50–2:05 PM **Afternoon Break & Exhibits**
- 2:05–3:00 PM **From Bedside to Inside: A Nurse’s Journey as a Patient**
Jenna Cooke, FNP-C
Hannah Hadobas, MSN, RN, RNC-OB
Ingrid Torres Lazo, BSN, RN, RNC-OB
- 3:00–3:50 PM **Keynote Presentation: The Unseen Force for Transformative Birth Experiences**
Sarah Lavonne Miller, BSN, RN, PHN, RNC-OB, ICCE, CLEC
- 3:50–4:00 PM **Evaluations and Event Conclusion**



Registration

Information

MCH Nursing Conference
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7 Contact Hours

VENUE
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16355 Laguna Canyon Road
Irvine, CA 92618

REGISTRATION

Register online at hoag.cloud-cme.com/2025MCH. Registration includes light breakfast, lunch, and refreshments.

- RNs and Students - \$80
- Hoag RNs - Complimentary with Discount Code provided by Nursing Education. Hoag staff **MUST** use their Hoag credential sign-in information to register.

HOST

Please contact Nursing Education for all general questions regarding this conference by email: Nursing.Education@hoag.org

WHO SHOULD ATTEND

Registered Nurses from maternal child health at Hoag Newport or Irvine. Registered Nurses interested in working at the maternal child health units at Hoag Newport or Irvine are also welcome.

CANCELLATIONS

3% administrative fee will apply to all cancellations. Written cancellations will be accepted until September 1, 2025. No refunds will be given for cancellations received after September 1, 2025. Refunds will not be honored for no-shows.

FAMILY/GUEST ATTENDANCE POLICY

All conference activities are exclusively reserved for registered conference attendees only.